Are you:

- Wanting to downshift/crosshift?
- Fed up with the rat race?
- Cash rich but time poor?
- Feeling you have got the work/life balance wrong?
- About to retire?
- About to be made redundant?
- Wanting to change your life or start again?

NO TO ALL

Great!
We hope it stays that way!

Review our themes; we may have information or experience that could help in the future.

You could consider joining our forum.

YES TO ANY

Contact us to find out how we will tailor our services to help you.
jo@steppingoff.co.uk or 01931 716638

You have made a great start to taking control of your life! We will respond to your initial enquiry by learning a bit about you and discussing with you the best way for us to work together to ensure a positive change for you.

Has this discussion helped you make a decision you were close to making?

YES

Brilliant!
We wish you luck with your plans!

NO

We can tailor-make a programme to help, guide, support and/or advise you (individually or with a partner) through the decision-making process, and then work with you during any changes you choose to make. The programme would be built around any of our three main options: a Stepping Off weekend; a full day with us; distance assistance.

I have some great ideas but could use some help

I have some concerns and could use some help

Help! I need to get out, but I don't know how to